

## **Key Pre-Treatment Steps To Follow**

- 1. If you easily develop cold sores or fever blisters, please take the necessary precautions after your procedure by taking some vitamins and anti-viral medicine.
- 2. Do not consume alcohol or coffee 24 hours prior to the procedure this is very highly advisable.
- 3. Notify and consult with your doctor about your cosmetic procedure if you have had some recent surgery, currently taking specific medication or on a medicine that has a blood thinning effect.
- 4. Lashliner Enhancement procedure requires for you not to wear your contact lenses and please avoid their use for 2-3 days after.
- 5. Please avoid having lashliner and lips cosmetic tattoo procedures done during a menstrual cycle as your sensitivity will be heightened during this period of time.
- 6. Things such botox, fillers and AHA products can cause certain side effects which are better avoided. Please do not use any of those products and procedures 2 weeks prior to your scheduled appointment.
- 7. Please avoid all exfoliating treatments for 2 weeks before any cosmetic tattoo or facial skincare treatment.
- 8. Have you recently had a chemical or laser peel treatment? Than please allow up to 6 weeks wait time before having a permanent makeup procedure done.
- 9. Mums who are currently breastfeeding are recommended to avoid the procedure. However, if your baby takes formula, you can feed them formula for 24 hours after the procedure and pump out any milk during the 24 hours.
- 10. Individuals going through hormone therapy will experience heightened sensitivity and the results of the pigmentation from the procedure can vary.
- 11. You should not do any waxing, trimming or shaping of your brows prior to the procedure, your beauty technician will shape your brows during the appointment.
- 12. Procedures should be avoided and are advised against during pregnancy
- 13. If you are taking anti-inflammatory medicines such as aspirin, paracetamol or similar medication please do not take them prior to having your procedure done.



- 14. Please see the following list of contraindications and if you are facing any of these than please consult with your doctor and get their written consent for the procedure:
- Currently dealing with a virus, an immune system disorder, infection, bacterial disease, an STI, an STD or cancer.
- Have an allergy to topical anaesthetic that contains Lidocaine and Adrenaline (Epinephrine).
- Experience an allergic reaction to metals like Iron, Nickle or Titanium as these are at times part of the pigments we use.
- Have pigmentation abnormalities, benign or malignant tumours and dermal diseases.
- Have diabetes, internal organ issues, renal difficulties or liver failure.
- Easily form keloid scars.
- Experience high blood pressure, have a blood disorders or hemophilia.
- Consume alcohol, use drugs, experience epilepsy or any mental disorders.
- If have a hormonal imbalance, are pregnant or currently breastfeeding.
- Take specific medication such as hormones, antibiotics, as some medication can influence changes in your bloods coagulation.