



Lips Aftercare Tips

The recovery of the skin is a quick process that occurs within 4-14 days. However, the internal recovery of the skin lasts 1-2 months, the following aftercare is recommended in order to prevent any complications during the healing period of time. If any issues occur please contact your cosmetic tattoo artist immediately.

The healing process goes through certain steps, here are some tips and helpful information:

- ★ Do not kiss, eat spicy food, drink hot liquids or touch your lips repeatedly.
- ★ Skin Redness, it is not a result to be worried about as redness can last from 20 minutes up to a couple of hours.
- ★ Swelling, is a known result that can occur especially around the treated areas and usually goes away after the first day and in rare cases can take up to 2-3 days.
- ★ Lymph release, usually occurs after the procedure and can last up to 2-3 hours. You can lightly dab the area with a cotton pad in order to remove any extra discharge to help avoid formation of thick scabs.
- ★ Formation of scabs, this occurs after the first 24 hours from having the procedure done, the entire process lasts between 4 days and up to 2 weeks (average time is usually 6 days). To avoid loss of pigmentation the client should not attend a sauna, have a bath, swim and avoid sun bathing. Please do not touch the affected areas, do not scratch or remove the scabs, if they are removed then you can lose pigmentation throughout the healing process and assist in formation of scars. Do not apply any makeup or beauty products, do not wash the affected areas and also avoid taking any medication to boost the healing process which can result in loss of retention of the pigment.
- ★ Flaking of scabs, the process of scabs starting to flake can result in a loss of pigmentation of 20% of the original colour. After the initial process a secondary stage of scabs will begin which is usually colourless and flaky in appearance. The entire process can last up to 10 days and the initial colour is going to restore up to 10% - 20% of the original pigmentation. You do not require any special treatments during this period of time!
- ★ Full skin healing, this process will occur in 4 - 9 weeks time after the initial procedure, this time period depends on the age of the client and the condition of your skin. Please do not have any other procedures done or any touch ups during this period of time as it is strictly not allowed and can cause formation of scars. The pigmentation and colour will stabilize fully in 3 - 4 weeks after the procedure. However, as previously mentioned use of makeup, use of acids such as glycolic, hydroxy or fruit and any use of chemical peels or other exfoliating products on the pmu area will result in the pigment/colour to fade. In addition use of salt water, chlorine, exfoliating creams and severe exposure to the sun will also cause the colour to fade.



The 6 Stages Of Eyebrow PMU Healing Process

★ Day 1

"It was not so scary as I thought, the lips seem too bright and swollen."

★ Day 2

"Oh wow! It looks as if I had my lips injected, they still look too bright but very sexy!"

★ Day 3-4

"There is crust and my lips feel dry, it is very itchy and annoying!"

★ Day 5-6

"The crust is finally flaking off finally but the contour still has some scabs, the colour seems a bit pale."

★ Day 7-25

"The scabs are finally gone! The lips feel so soft the colour looks a bit matte but it seems to be changing everyday."

★ Day 28-30

"WOW my lips look stunning and it looks so natural, I wake up beautiful every morning not worrying about lipstick! I should remember to have a touch up done."